

Contact the team

You can contact the service Monday to Friday between 9:00am and 5:00pm, excluding bank holidays. Outside of these hours please contact your GP / Walk in Centre / NHS 111 or in the event of an emergency call 999.

**Continence Team
The Ridge Hill Centre
Brierley Hill Road
Near Stourbridge
West Midlands
DY8 5ST**

Telephone: 01384 323110

Email: sam-ctr.continenceteam@nhs.net

We always want to hear about the care or treatment your child receives from our service, you can fill in our online feedback form at www.bcpft.nhs.uk/friendsandfamilytest or download the 'mi experience' app available in all app stores.



www.bcpft.nhs.uk

Dudley Paediatric Continence Service

Information Leaflet



About the service

The service assists parents / carers and children with the management of bladder and / or bowel dysfunction, for example managing a child's day or night time bed wetting. It is available to every child age 5 to 16 years (up to age 19 if the child has special needs) who have a Dudley registered GP.

The service also offers guidance and support to families and professionals requesting containment products.

Once your referral has been accepted you will receive a text message and a letter to advise you of the first appointment date.

You will initially be seen by a Specialist Continence Nurse who will be able to see you in one of the 3 clinics available in the Dudley borough. These clinics are based at:

Ladies Walk, Sedgley
Stourbridge Health and Social Care Centre, Stourbridge
Cross Street Clinic, Dudley

However, the service can be flexible to meet the needs of you and your child depending on the issue.

What happens at the appointment?

You and your child will have the opportunity to talk about the problem and how it affects you both. You may be asked to complete charts to help assess your child's problems.

A full assessment will be carried out and sometimes further health examinations are needed. For example your child may be asked to give a urine sample test or see their GP for further tests.

The continence service will contact other professionals to gain information relevant to your child's problem in order to help identify, manage and improve their condition

You and your child will be involved in deciding the best course of action. This could include general advice, advice about drinks and diet, medication or alarm therapy (for bedwetting).

How to make a referral

Referrals can be received via email or post. Contact details can be found on the back page of this leaflet.

Speak to your health professional such as your GP or school nurse and they will support making the referral to our team.

Confidentiality & Information Sharing

The continence service keeps all patient details confidential and only shares the minimum details required with other care providers as and when appropriate

You can speak to your continence lead nurse if you would like more information how and why we share information

Further advice

ERIC (Education and Resources for improving Childhood Continence)
www.eric.org.uk

Healthy Eating – five a day
www.nhs.uk/livewell/5aday

