

Opening Hours

You can contact the Health Visiting service Monday to Friday between 9:00am and 5:00pm, excluding bank holidays.

If you are unable to attend your appointment, please contact your Health Visitor to re-arrange.

Health Visitors and Confidentiality

Under some circumstances Health Visitors are required to share information with other care agencies, such as social services or your GP to protect children and families. Wherever possible this will be discussed with you before it is shared.

We will record information in your child's Personal Child Health Record (Red Book).

This is given to you by your Midwife shortly after the birth of your baby and it is your responsibility to keep it safe.

Please bring it with you when you bring your child for any hospital, Health Visitor, GP appointments or clinics.

We are also required to keep a record of visits to you and your family; this is held under your child's name at each Health Visitor base.

What can I expect from Dudley Health Visiting?



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Who are Health Visitors?

Health Visitors are qualified nurses and / or midwives who have undertaken extra training to become Specialist Community Public Health Practitioners.

They have expertise and experience in child development and family health.

Health Visitors have knowledge about adult and child health promotion and education.

They work in partnership with you and other agencies to understand and address yours and your family's health needs.

What do we offer children & families?

All pre-school children have a Health Visitor. Nursery Nurses work alongside the Health Visiting team to support children and families and help them reach their full potential.

We offer 4 levels of support depending on you and your family's need.

Community



We work with other agencies to signpost and deliver a range of services in your area.



Universal Services

The Health Visiting service delivers the Healthy Child programme to ensure a healthy start for your children and family. These include the following core contacts:



- Ante-natal contact
- New birth visit
- 6 week review of you and your baby's well-being
- 9 -12 month health review
- 2 - 2 ½ year health review

At each contact, we provide parents and carers with information and guidance to support parenting and healthy life choices.

Universal Plus

We also provide you and your family with additional support when you need specific help / advice with:



- Breastfeeding
- Accident prevention and management
- Postnatal depression
- Parenting concerns, such as a sleepless baby
- Introducing solid foods
- Referring you to other specialist services if required
- Any other concerns you might have

Universal Partnership Plus

If you and your family require on-going support to cope with difficult issues, such as:



- Domestic violence
- Substance misuse
- Mental health concerns

We will work in partnership with you, your family and a range of local services to support you with these issues. We also work alongside families to keep children safe.