

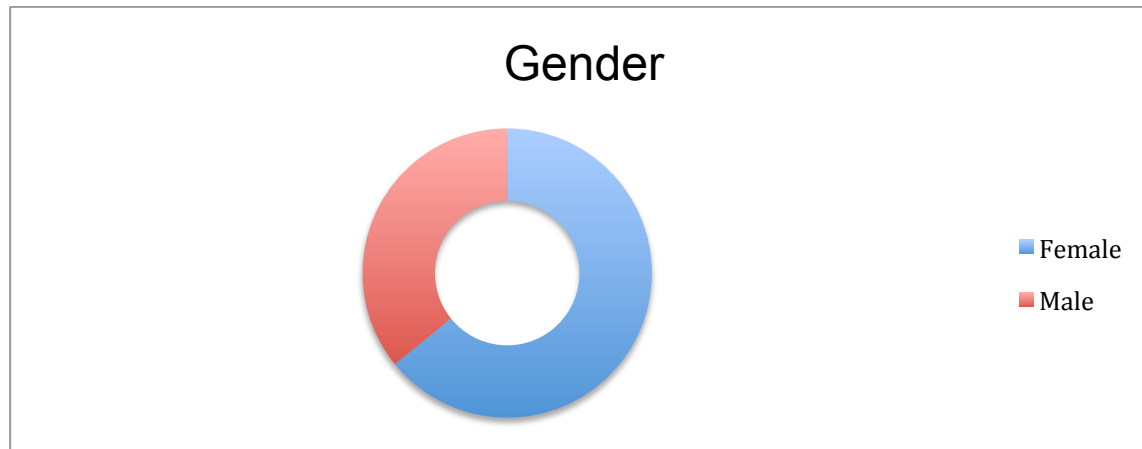
Wolverhampton Healthy Minds

Background

Wolverhampton Healthy Minds is a psychological therapies service for people who are experiencing common mental health problems such as depression, anxiety and stress. The service offers a choice of treatments based on Cognitive Behavioural Therapy (CBT).

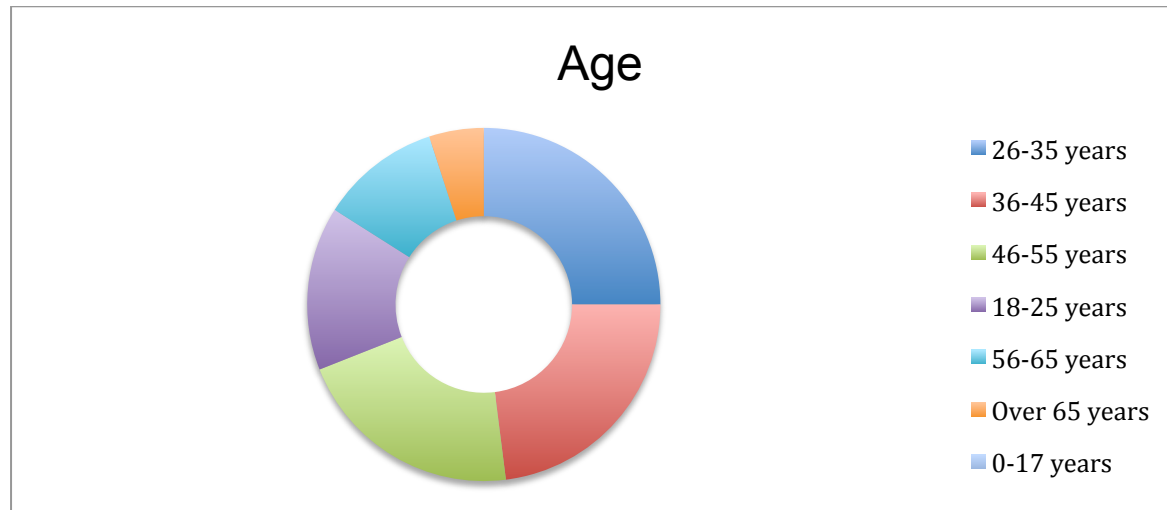
Gender

Gender	Number of clients	Percentage
Female	3332	62%
Male	2017	38%
Total	5362	100%



Age

Age Distribution	Number of Referrals	%
26-35 years	1373	25%
36-45 years	1247	23%
46-55 years	1113	21%
18-25 years	803	15%
56-65 years	582	11%
Over 65 years	269	5%
0-17 years	2	0%
Total	5389	100%



Ethnicity

Ethnicity	Number of Referrals	%
White - British	3255	61%
(Not Stated)	910	17%
Indian	569	11%
Caribbean	205	4%
Mixed - White and Black Caribbean	80	1%
White - Any Other	74	1%
Pakistani	46	1%
African	46	1%
(Other)	46	1%
Mixed - Any Other	43	1%
White - Irish	39	1%
Any other Asian	21	0%
Any other Black	11	0%
Mixed - White and Asian	9	0%
Bangladeshi	5	0%
Chinese	2	0%
Mixed - White and Black African	1	0%
Total	5362	100%

Religion

Religion and belief	Number of service users	Percentage
Agnostic	13	0%
Atheist	27	0%
Buddhist	12	0%
Christianity	1925	37%
Bahia	0	0%
Hindu	119	3%
Humanist	0	0%
Islam	100	2%
Jewish	0	0%
New Religious Movement	0	0%
No Religious Group	0	0%
Other Religious Group	30	0%
Rastafarian	1	0%
Sikh	321	7%
Unknown	2715	51%
Total	5362	100%

Nationality

Nationality	Number of Referrals A	%
United Kingdom of Great Britain & N. Ireland	2600	48%
India, Republic of	17	1%
Poland, Polish People`s Republic	17	1%
Iran, Islamic Republic of	10	1%
Jamaica	7	0%
Sri Lanka, Democratic Socialist Republic of	7	0%
Zimbabwe	7	0%
Afghanistan	6	0%
Iraq, Republic of	5	0%
Lithuania	4	0%
Hungary, Hungarian People`s Republic	3	0%
Pakistan, Islamic Republic of	3	0%
Australia, Commonwealth of	2	0%
Canada	2	0%
Latvia	2	0%
Nigeria, Federal Republic of	2	0%
Russian Federation	2	0%
Taiwan, Province of China	2	0%
United States of America	2	0%
Albania, People`s Socialist Republic of	1	0%
Austria, Republic of	1	0%
China, People`s Republic of	1	0%
Czech Republic	1	0%
Germany	1	0%
Spain, Spanish State	1	0%
Fiji, Republic of the Fiji Islands	1	0%
Ghana, Republic of	1	0%
Greece, Hellenic Republic	1	0%
Ireland	1	0%
Italy, Italian Republic	1	0%
Kuwait, State of	1	0%
Macedonia, the former Yugoslav Republic of	1	0%
Netherlands, Kingdom of the	1	0%
Philippines, Republic of the	1	0%
Portugal, Portuguese Republic	1	0%
Sierra Leone, Republic of	1	0%
(Not Stated)	2646	49%

Language

Main Language	Number of Referrals	%
English	2805	53%
Punjabi	46	1%
(Other)	9	0%
Farsi (Persian)	7	0%
Kurdish	7	0%
Urdu	6	0%
Polish	5	0%
Tamil	5	0%
Japanese	3	0%
Pashto (Pushtoo)	3	0%
Akan (Ashanti)	2	0%
Arabic	2	0%
Gujarati	2	0%
Dutch	1	0%
Greek	1	0%
Hindi	1	0%
Russian	1	0%
Serbian/Croatian	1	0%
(Not Stated)	2455	46%
Total	5362	100%

Sexual Orientation

Sexual Orientation	Number of Referrals	%
Heterosexual	3501	65%
Homosexual	87	2%
Bisexual	38	1%
(Not Known)	1736	32%
Total	5362	100%

