

## ABCDE Assessment and Treatment

The ABCDE approach must be used for all patients who:

1. Are conscious and complaining of physical health symptoms
2. Are unconscious but breathing.
3. Show signs of life during resuscitation

	First Aiders	All Clinical Staff	Additional Skills
		NB: Use of equipment if available in the area	If responder has these skills they should use them
<b>Safety</b>	Check for dangers & apply PPE	Check for dangers & apply PPE	
<b>Airway</b>	<p>Patient talking = yes = CLEAR</p> <p>Patient choking = yes = TREAT</p> <p>Patient is NOT responsive = HEAD TILT, CHIN LIFT, JAW THRUST and/or RECOVERY POSITION or turn for postural drainage.</p>	<p>First aid level plus:</p> <p>Oral Suction</p> <p>OP Airways</p> <p>Use of Adrenaline auto-injector</p>	<p>NP Airways</p> <p>iGel insertion</p> <p>Laryngoscopy and Magill forceps</p> <p>Use of Nebuliser/Salbutamol</p> <p>IM Administration of Adrenaline</p>
<b>Breathing</b>	<p>Is the casualty breathing?</p> <p>NO = START CPR with CPR mask</p> <p>YES = Rate (12-20)</p>	<p>First aid level plus:</p> <p>Apply Oxygen</p> <p>Use of pulse oximeter (&gt; 95%)</p>	<p>Auscultation &amp; Percussion</p> <p>Bag valve mask ventilation</p>
<b>Circulation</b>	<p>Continue CPR as required &amp; use of AED</p> <p>Treat external bleeding</p> <p>Note skin colour of casualty</p> <p>Prevent / Treat shock = lie down, legs elevated</p>	<p>First Aid level plus:</p> <p>Check Pulse (60-100)</p> <p>Check CRT (&lt;2 seconds)</p> <p>Check BP (Systolic 100 – 190)</p>	<p>IV Cannulation</p> <p>IV Fluids</p> <p>ECG</p> <p>Aspirin and GTN for Chest Pain</p>
<b>Disability</b>	<p>Assess ACVPU</p> <p>Position patient accordingly</p>	<p>First aid level plus:</p> <p>Assess blood glucose level (4-7 mmols)</p> <p>Assess pupil response (equal &amp; reacting)</p> <p>Use of Glucogel and/or Glucagon</p>	<p>Use of Midazolam</p> <p>Use of Flumazenil</p> <p>Use of Naloxone</p>
<b>Exposure</b>	<p>Look for injuries, rashes and bleeding.</p> <p>Look for medical Alerts</p> <p>Keep warm</p> <p>Maintain dignity</p>	<p>First aid level plus:</p> <p>Check temperature</p> <p>Obtain notes</p> <p>SBAR and Trust Incident Reporting</p>	